

Nadadores/Estafetas participantes

Afonso José HENRIQUES	02	AAC	50 Li	EXH	50 Co	EXH			
Alexandre Cortêz SANTOS	00	AAC	50 Li	EXH	50 Co	EXH			
Alexandre Mendes PALAIO	00	AAC	50 Li	EXH	50 Co	EXH			
António Maria COSTA	02	AAC	50 Li	EXH	50 Co	EXH			
Beatriz Costa TEJO	02	AAC	50 Li	EXH	50 Co	EXH			
Bernardo Costa MACHADO	99	AAC	50 Li	EXH	50 Co	EXH			
Francisca Andrade COSTA	01	AAC	50 Li	EXH	50 Co	EXH			
Gonçalo Maria LACERDA	99	AAC	50 Li	EXH	50 Co	EXH			
Inês Vizeu BARROTE	02	AAC	50 Li	EXH	50 Co	EXH			
João Teixeira PIMENTEL	00	AAC	50 Li	EXH	50 Co	EXH			
Leonor Costa TEJO	00	AAC	50 Li	EXH	50 Co	EXH			
Maria Tabau ORVALHO	00	AAC	50 Li	EXH	50 Co	EXH			
Miguel Prata SILVA	02	AAC	50 Li	EXH	50 Co	EXH			
Vasco Corte REAL	01	AAC	50 Li	EXH	50 Co	EXH			
Vasco Lopes AMARAL	02	AAC	50 Li	EXH	50 Co	EXH			
Associação Académica Ex C		AAC	4 x 25m Livres (14)			Misto	Ex C	EXH	1:30.00
Associação Académica Ex C		AAC	4 x 25m Livres (14)			Misto	Ex C	EXH	1:13.00
Associação Académica Ex C		AAC	4 x 25m Livres (14)			Misto	Ex C	EXH	2:00.00
Djamal LOUREIRO	01	CML	50 Li	47.85	50 Co	56.00			
Eduardo MOREIRA	02	CML	50 Li	47.75	50 Co	56.30			
Filipa SANTA	01	CML	50 Li	48.02	50 Co	56.60			
Guilherme ALMEIDA	01	CML	50 Li	47.80	50 Co	56.10			
Marco RODRIGUES	01	CML	50 Li	47.82	50 Co	56.25			
Marta RODRIGUES	03	CML	50 Li	EXH	50 Co	EXH			
Renato ALMEIDA	01	CML	50 Li	47.70	50 Co	56.05			
Ana Salome FERNANDES	98	CDP	50 Li	EXH	50 Co	EXH			
Andreia Filipe FERNANDES	00	CDP	50 Co	1:00.00					
Bruna Crsitina PEREIRA	98	CDP	50 Li	EXH	50 Co	EXH			
Daniela Leite MADEIRA	99	CDP	50 Li	58.00					
Goncalo Claro LOPES	97	CDP	50 Li	EXH					
Hugo Gomes DAVID	99	CDP	50 Li	1:10.00	50 Co	1:00.00			
Joao Rui RODRIGUES	99	CDP	50 Co	1:15.00					
Juliana Veiga COSTA	01	CDP	50 Li	EXH	50 Co	EXH			
Luis Leite GOMES	98	CDP	50 Li	45.00					
Maria Ines SIMOES	98	CDP	50 Li	EXH	50 Co	EXH			
Ricardo Claro MONTEIRO	97	CDP	50 Co	EXH					
Desportivo Pedrulhense Ex C		CDP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:40.00
Desportivo Pedrulhense		CDP	4 x 25m Livres (13)			Misto	Misto		2:10.00

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119858	Alexandra Moura CARVALHOS	02	CNAC	50 Li	55.00	50 Co	1:02.00
119926	Ana Fonseca SANTOS	02	CNAC	50 Li	1:10.00	50 Co	1:15.00
	Ana Luisa VALERIO	01	CNAC	50 Li	EXH	50 Co	EXH
	Ana Sofia SANTOS	02	CNAC	50 Co	EXH		
	Andre Ferreira BORGES	99	CNAC	50 Li	EXH	50 Co	EXH
	Antonio Manuel CARVALHO	01	CNAC	50 Li	EXH	50 Co	EXH
	Barbara Sofia FLORES	98	CNAC	50 Li	EXH	50 Co	EXH
119918	Beatriz Amaral AREIA	02	CNAC	50 Li	1:09.00	50 Co	1:17.00
119855	Beatriz Chelinho RODRIGUES	99	CNAC	50 Li	1:00.00	50 Co	1:05.00
	Beatriz Isabel MELO	98	CNAC	50 Li	EXH	50 Co	EXH
119856	Beatriz Santos LEAL	99	CNAC	50 Li	55.00	50 Co	27.00
	Bernardo Queiros LEITAO	98	CNAC	50 Li	EXH	50 Co	EXH
	Carolina Alexandra CARVALHO	99	CNAC	50 Li	EXH	50 Co	EXH
119919	Carolina Seixas FERREIRA	03	CNAC	50 Li	EXH	50 Co	EXH
	Catarina Bastos DIAS	99	CNAC	50 Li	EXH	50 Co	EXH
119712	Catarina Costa CARDOSO	01	CNAC	50 Li	1:15.00	50 Co	1:18.00
119715	Dinis Alves COSTA	02	CNAC	50 Li	1:05.00	50 Co	1:15.00
119921	Diogo Martins DIAS	99	CNAC	50 Li	1:01.20	50 Co	1:07.20
	Diogo Ventura RODRIGUES	98	CNAC	50 Li	EXH	50 Co	EXH
	Francisco Miguel BRANCO	00	CNAC	50 Li	EXH	50 Co	EXH
	Frederico Vale PEREIRA	02	CNAC	50 Li	EXH	50 Co	EXH
	Goncalo Rocha GRILLO	99	CNAC	50 Li	EXH	50 Co	EXH
119953	Goncalo Simoes LOPES	98	CNAC	50 Li	59.00	50 Co	1:02.00
119927	Henrique Goncalves MALO	98	CNAC	50 Li	57.00	50 Co	1:02.00
	Joana Brito SOUSA	00	CNAC	50 Li	EXH	50 Co	EXH
119764	Joana Mendes AZEVEDO	02	CNAC	50 Co	1:15.00		
119923	Joao Baptista MARQUES	00	CNAC	50 Li	59.09	50 Co	1:03.50
119859	Joao Carvalho DIZ	01	CNAC	50 Li	1:09.00	50 Co	1:12.50
	Joao Maria NUNES	02	CNAC	50 Li	EXH	50 Co	EXH
119765	Joao Pedro AVEIRO	99	CNAC	50 Li	1:00.00	50 Co	1:03.00
119922	Joao Santos LOPES	00	CNAC	50 Li	1:16.00	50 Co	1:30.00
	Jose Adriano RODRIGUES	98	CNAC	50 Li	EXH	50 Co	EXH
	Manuel Carrilho FIDELES	00	CNAC	50 Li	1:45.00	50 Co	1:45.00
119714	Maria Carlota REBELO	03	CNAC	50 Li	EXH	50 Co	EXH
119924	Maria Carmo CAMPOS	98	CNAC	50 Li	EXH	50 Co	EXH
	Maria Ines COSTA	98	CNAC	50 Li	EXH	50 Co	EXH
	Maria Marques GASPAR	00	CNAC	50 Li	EXH	50 Co	EXH
	Maria Miguel CRISTO	00	CNAC	50 Li	EXH	50 Co	EXH
119925	Maria Rebelo GUIOMAR	00	CNAC	50 Li	1:01.00	50 Co	1:09.00
119713	Mariana Cardoso SILVA	02	CNAC	50 Li	1:12.00	50 Co	1:14.00
	Marta Alexandra CUNHA	00	CNAC	50 Li	EXH	50 Co	EXH
119952	Marta Brites MOITA	02	CNAC	50 Li	1:12.00	50 Co	1:15.00
	Matilde Pedroso MOREIRA	01	CNAC	50 Li	EXH	50 Co	EXH
	Matilde Rigueiro JORGE	99	CNAC	50 Li	1:30.00	50 Co	1:35.00
119929	Miguel Correia ANDRE	02	CNAC	50 Li	1:10.00	50 Co	1:20.00
	Paulo Jorge DUARTE	98	CNAC	50 Li	EXH	50 Co	EXH
119920	Rafael Fernandes GASPAR	98	CNAC	50 Li	58.00	50 Co	1:04.00
119857	Rita Carrico RODRIGUES	01	CNAC	50 Li	54.00	50 Co	55.00
	Rita Saldanha ROSMANINHO	00	CNAC	50 Co	EXH		
	Sofia Marceneiro SIMOES	99	CNAC	50 Li	EXH	50 Co	EXH
119928	Tomas Batista RAMOS	01	CNAC	50 Li	54.00	50 Co	59.00

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119766	Vasco Pereira BASTOS	02	CNAC	50 Li	55.00	50 Co	59.00				
	Náutico/Matobra Ex C		CNAC	4 x 25m Livres (14)				Misto	Ex C	EXH	2:20.00
	Náutico/Matobra Ex C		CNAC	4 x 25m Livres (14)				Misto	Ex C	EXH	2:22.00
	Náutico/Matobra		CNAC	4 x 25m Livres (13)				Misto	Misto		2:00.00
	Náutico/Matobra		CNAC	4 x 25m Livres (13)				Misto	Misto		2:05.00
	Náutico/Matobra Ex C		CNAC	4 x 25m Livres (14)				Misto	Ex C	EXH	2:23.00
	Náutico/Matobra		CNAC	4 x 25m Livres (13)				Misto	Misto		2:10.00
	Náutico/Matobra		CNAC	4 x 25m Livres (13)				Misto	Misto		2:02.00
	Afonso PAIVA	02	CNMC	50 Li	EXH	50 Co	EXH				
	Ana Leonor MALVA	02	CNMC	50 Co	EXH						
	Beatriz FERNANDES	02	CNMC	50 Li	EXH	50 Co	EXH				
	Camila SECO	03	CNMC	50 Li	EXH	50 Co	EXH				
	Carolina CACHO	00	CNMC	50 Li	EXH	50 Co	EXH				
	Cristiano FERNANDES	03	CNMC	50 Co	EXH						
	Daniel DIAS	02	CNMC	50 Li	EXH	50 Co	EXH				
	David RODRIGUES	00	CNMC	50 Li	EXH	50 Co	EXH				
	Francisca PEDRO	00	CNMC	50 Li	EXH	50 Co	EXH				
	Gabriela ALMEIDA	00	CNMC	50 Co	EXH						
	Gustavo MARQUES	03	CNMC	50 Li	EXH	50 Co	EXH				
	Inês REIS	01	CNMC	50 Li	EXH	50 Co	EXH				
	Isis DIAS	01	CNMC	50 Co	EXH						
	Joana SILVA	00	CNMC	50 Li	EXH	50 Co	EXH				
	juliana MIRANDA	02	CNMC	50 Li	EXH	50 Co	EXH				
	Lara FERNANDES	02	CNMC	50 Li	EXH	50 Co	EXH				
	Manuel ALMEIDA	02	CNMC	50 Li	EXH	50 Co	EXH				
	Mariana CORREIA	99	CNMC	50 Li	EXH	50 Co	EXH				
	Mariana Santos SANTOS	03	CNMC	50 Co	EXH						
	Mª Carolina MACHADO	02	CNMC	50 Li	EXH	50 Co	EXH				
	Rodrigo CARVALHO	02	CNMC	50 Li	EXH	50 Co	EXH				
	Sara NEVES	03	CNMC	50 Co	EXH						
	Sofia SANTOS	02	CNMC	50 Li	EXH	50 Co	EXH				
	Miranda do Corvo Ex C		CNMC	4 x 25m Livres (14)				Femin.	Ex C	EXH	1:37.00
	Miranda do Corvo Ex C		CNMC	4 x 25m Livres (14)				Misto	Ex C	EXH	1:52.00
	Miranda do Corvo Ex C		CNMC	4 x 25m Livres (14)				Misto	Ex C	EXH	2:23.00
	Miranda do Corvo Ex C		CNMC	4 x 25m Livres (14)				Misto	Ex C	EXH	1:45.50
	Adriano Daniel SIMÕES	00	CAC	50 Li	EXH	50 Co	EXH				
	Afonso Pinto GONÇALVES	01	CAC	50 Li	EXH	50 Co	EXH				
118953	Ana Carolina OLIVEIRA	01	CAC	50 Li	55.00	50 Co	1:05.00				
	Antonio Pedro RIBEIRO	02	CAC	50 Li	EXH	50 Co	EXH				
119716	Filipa Andreia LOPES	00	CAC	50 Li	55.00	50 Co	1:05.00				
	Francisco Frota SANTOS	00	CAC	50 Li	EXH	50 Co	EXH				
	Gonçalo Pereira CORREIA	00	CAC	50 Li	EXH	50 Co	EXH				
	Ines Alexandra RIBEIRO	02	CAC	50 Li	EXH	50 Co	EXH				
	Ines Coimbra LAMAS	01	CAC	50 Li	EXH	50 Co	EXH				
118970	Ines Guerra SILVANO	00	CAC	50 Li	58.00	50 Co	1:05.00				
	Ines Moita SILVA	99	CAC	50 Li	EXH	50 Co	EXH				
	Raquel Martins CARDOSO	99	CAC	50 Li	EXH	50 Co	EXH				
	Tiago Carecho PINHEIRO	98	CAC	50 Li	55.00	50 Co	1:05.00				
	Tiago Jose SIMOES	02	CAC	50 Li	EXH	50 Co	EXH				

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Alberto SANTOS	01	CMP	50 Li	EXH	50 Co	EXH			
Alexandra COSTA	01	CMP							
Alexandra MAIA	00	CMP	50 Li	EXH					
Ana Francisca FERREIRA	99	CMP	50 Li	EXH					
Andreia TEIXEIRA	00	CMP							
Antonio RODRIGUES	00	CMP							
Bruno SIMOES	97	CMP	50 Li	EXH					
Candida PEREIRA	01	CMP							
Carlos ALMEIDA	00	CMP							
Carolina BRAS	99	CMP	50 Li	EXH					
Carolina SANTOS	01	CMP							
Carolino VIRIATO	02	CMP	50 Li	EXH					
Cristiana SIMOES	99	CMP	50 Li	EXH	50 Co	EXH			
Daniel FRANCISCO	01	CMP							
David CRUZ	98	CMP	50 Li	EXH					
Diana SILVA	01	CMP							
Diana SIMOES	99	CMP	50 Li	EXH					
Diogo PASCOAL	01	CMP							
Diogo VEIGO	99	CMP	50 Li	EXH					
Edgar HENRIQUES	01	CMP							
Francisco SANTO	97	CMP	50 Li	EXH					
Guilherme MIGUEL	01	CMP							
Hugo SANTOS	00	CMP							
Ines XAVIER	01	CMP							
Joana FERNANDES	99	CMP	50 Li	EXH					
Joao AMANTE	01	CMP							
Joao JORDAO	01	CMP							
Joao RODRIGUES	00	CMP	50 Li	EXH					
Jorge ALVES	01	CMP							
Jorge PEREIRA	99	CMP	50 Li	EXH					
Maria Ines SIMOES	01	CMP	50 Li	EXH					
Maria Joao MARTINS	98	CMP	50 Li	EXH					
Mariana PISCO	01	CMP	50 Li	EXH					
Mariana SIMOES	01	CMP							
Miguel VISEU	99	CMP	50 Li	EXH					
Pedro DUARTE	01	CMP							
Rafaela NEVES	98	CMP	50 Li	EXH					
Rodrigo RODRIGUES	03	CMP	50 Li	EXH					
Rui PADILHA	97	CMP	50 Li	EXH					
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Masc.	Ex C	EXH	1:04.40
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Femin.	Ex C	EXH	1:11.28
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:19.40
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:20.65
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:17.10
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:16.70
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:15.25
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:14.95
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:14.62
Câmara de Penacova Ex C		CMP	4 x 25m Livres (14)			Misto	Ex C	EXH	1:16.68

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Ana Sofia CARIDADE	01	FBSC	50 Li	EXH	50 Co	EXH		
Francisco Santos MARTINS	00	FBSC	50 Li	EXH	50 Co	EXH		
Gabriel Oliveira MONTEIRO	99	FBSC	50 Li	47.58	50 Co	55.62		
Ines Pinto OLIVEIRA	99	FBSC	50 Li	51.62	50 Co	56.21		
Maria Margarida MORAIS	00	FBSC	50 Li	56.78	50 Co	1:01.36		
Tiago Alexandre MATA	99	FBSC	50 Li	48.92	50 Co	56.12		
Fundação Beatriz Santos		FBSC	4 x 25m Livres (13)				Misto	Misto
Francisco Miguel OLIVEIRA	00	INDANC	50 Li	1:00.00				